

Academic Record: Sabrina Santa Clara

Overall Credits Taken: 218.0

Graduate Credits Taken: 65.5

Overall Units Earned: 820.7

Graduate Unites Earned: 246.2

Overall GPA: 3.86

Graduate GPA: 3.97

Attendance	Course	Credit	Grade	Unit
<u>Naropa University</u>				
Spring 2009	Internship Placement II/DMT Mentor	1.0	pass	0.0
	Dance Movement Therapy Internship Seminar	2.0	A	8.0
	Extended Thesis	.5	pass	0.0
Fall 2008	Family Systems Skills II: Relationship, Sexuality, Couples	2.0	A	8.0
	Foundations of Dance Movement Therapy	3.0	A	12.0
	Professional Orientation	3.0	A	12.0
	Thesis Research Seminar II	.5	pass	0.0
	Internship Seminar: Dance Movement Therapy	2.0	A	8.0
	Internship Placement I/DMT Mentor	.5	pass	0.0
Spring 2008	Lifestyles & Career Development III:	1.0	A	4.0
	Advanced Clinical Skills II	2.0	A	8.0
	Appraisal: Clinical Assessment	3.0	A	12.0
	Family Systems Skills I: Methods of Family Therapy	2.0	A	8.0
	Research and Statistics	3.0	A	11.1
	Thesis Research Seminar I	.5	pass	2.0
	Comprehensive Exam	.5	pass	0.0
Fall 2007	Advanced Clinical Skills I	2.0	A	8.0
	Clinical Orientation	2.0	A	8.0
	Creative Arts Therapies: Therapist as Artist	2.0	A	8.0
	Current Methods & Skills of Psychotherapy	3.0	A	12.0
	Human Growth & Development	2.0	A	8.0
	Sensorimotor Psychotherapy	2.0	A	8.0
	Social & Multicultural Foundations	2.0	A	8.0
Spring 2007	The Body in Meditation & Psychotherapy II	1.0	A	4.0
	Counseling Relationships II:	2.0	A	8.0
	Culturally Competent Therapist	1.0	A	4.0
	Lifestyles & Career Development II:	1.0	A	4.0
	Foundations of Movement Patterning & Analysis	3.0	A	12.0
	Group Community Skills	0.0	pass	0.0
	Group Process & Dynamics	3.0	A-	11.1
	Sociocultural & Interaction Theories	2.0	A	8.0
Fall 2006	The Body in Meditation & Psychotherapy I	1.0	A	4.0
	Body Observation & Assessment: Body Psychotherapy	2.0	A	8.0
	Counseling Relationships I: Verbal & Nonverbal Skills	2.0	A	8.0
	Developmental & Behavioral Neuroscience	2.0	A	8.0
	Foundations of Body Psychotherapy	3.0	A	12.0
	Group Community Skills	0.0	A	0.0
	Lifestyles & Career Development I: Identity & Life Transitions	1.0	A	4.0
<u>University of Madison Wisconsin</u>				
Spring 2006	Psychology of Personality	3.0	A-	10.5
<u>Madison Area Technical College</u>				
Fall 2004	Developmental Psychology	3.0	A	12.0
Spring 2004	Abnormal Psychology	3.0	A-	10.5

San Francisco State University. BA-Sociology, 1997, Summa Cum Laude

Spring	1997	Contemporary Sexuality	3.0	A	12.0
		Population Problems	4.0	A-	14.8
		Global Sociology	4.0	A	16.0
		Field Methods	4.0	A	16.0
		Special Study: Human Sexuality	2.0	A-	7.4
Fall	1996	Sociology Research Methods & Techniques	4.0	A-	14.8
		Theories of Society	4.0	A	16.0
		Social Inequality	4.0	A-	14.8
Spring	1996	Ethnic Relations: International Comparison	4.0	A	16.0
		Deviance & Conformity	4.0	B+	13.2
		Societal Change & Development	4.0	A	16.0
		Sex & Relationships	3.0	A-	11.1
Fall	1995	Sociological Perspective	3.0	A	12.0
		Social Psychology	4.0	A	16.0
		Social Aspects of Human Sexuality	4.0	A	16.0
		Spanish: Morphology & Syntax	3.0	B+	9.9

City College of San Francisco

Spring	1998	Issues in Lesbian Relationships	3.0	A	12.0
		Psychology of Shyness & Self-Esteem	1.0	A	4.0
Summer	1997	African-Americans in the US	3.0	A	12.0
Spring	1995	Astronomy: Cosmic Evolution	3.0	B	9.0
		Observational Astronomy	1.0	B	3.0
		History of Latin America	3.0	A	12.0
		Intermediate Algebra	3.0	B	9.0

Grossmont-Cuyamaca Community College

Summer	1994	Hispanic Civilization	3.0	A	12.0
		Spanish IV	5.0	A	20.0
		Conversational Spanish	3.0	B	9.0

San Diego Community College

Spring	1994	Spanish 3	5.0	A	20.0
		The Grammar of Spoken Spanish	3.0	A	12.0
Summer	1993	Critical Thinking/International Composition	3.0	A	12.0
Spring	1993	American Government	3.0	A	12.0
		World Music	3.0	A	12.0
		Reading and Composition	3.0	A	12.0
Fall	1982	Health and Lifestyle	3.0	A	12.0
		Intro to Physical Anthropology	3.0	A	12.0
		Racquetball	1.0	A	6.0
Spring	1986	Intermediate Jazz Dance	1.5	B	4.5
		Oral Communications	3.0	B	9.0
		General Psychology	3.0	B	9.0
Spring	1984	Spanish 1	4.0	A	16.0
		Review Typing	2.0	A	8.0
		English	3.0	A	12.0
Spring	1983	Introduction to the New Testament	3.0	A	12.0

Fall	1982	Writing Workshop: Poetry	3.0	B	9.0
		Dance	1.0	B	3.0
		Beginning Jazz Dance	1.0	A	3.0
		Swim Team	1.0	A	4.0
		Voice Studio	.5	A	2.0
		Fitness Activities	1.5	A	6.0
		Voice Class	1.0	B	3.0
		Adapted Aquatics	1.0	B	3.0
		Adapted Weight Training	1.0	A	4.0

CEU'S, TRAININGS & WORKSHOPS

Body Image/Eating Disorders

10/2007 Youth Mentor Training: Carmen Cool 8 hours

Alternatives to Violence Project (AVP)

12/2007 Level III – Training for Trainers 18 hours

11/2007 Level II – Advanced Nonviolence 18 hours

07/2007 Level 1 – Nonviolence for Beginners 18 hours

Colorado Correctional Facilities

8/2009 Prison Volunteer Training 8 hours

12/2007 Prison Volunteer Training 8 hours

Crisis/Social Services

2008 Domestic Violence – Safe Shelter of St. Vrain 12 hours
 DV 101, Cycles of Violence, Legal Advocacy, Sexual Assault, Safe Shelter Living, violence in the GLBTQI community, DV effects on Children, Advocacy

2008 Sexual Assault – Moving to End Sexual Assault (MESA) 8 hours

2004-2005 Domestic Violence - Domestic Abuse Intervention Services (DAIS) 40 hours

2001 Bloodborne Pathogens, Mandatory Reporting, Diversity, Group Process, Medication, De-escalation, Therapeutic Direct Care, Child Development 8 hours

2001 Nonviolent Crisis Intervention – CPI via DHFS Wisconsin 8 hours

2001 Abusive Cycles in Relationships 8 hours

2001 Suicide Prevention and Intervention 4 hours

2001 Juvenile Sex Offender's Family 4 hours

Hakomi

2001 Weekend Workshop 22 hours

2002 Weekend Workshop 22 hours

2002 A Professional Seminar on Character Theory 67 hours

Human Resources Management Certification: San Francisco State Extended Studies

1997 Conflict/Dispute Resolution 1.4 CEU

1996 Human Resources Management Overview .7 CEU

Discipline & Termination 1.4 CEU

Legal Aspects of Human Resource Management 1.4 CEU

Performance Management 1.4 CEU

Organization & Development 1.4 CEU

Total Compensation 1.4 CEU

Internal Family Systems

2004-2005 Therapist Training 126 hours

Massage, Bodywork, Yoga

2008 Craniosacral Therapy II 32 hours
2006 Anusara Teacher Immersion – I & II 148 hours
2004 Hatha Yoga Teacher Training 200 hours
2004 Craniosacral Therapy – Level 1 30 hours
2003 Reiki Level 1 22 hours
1994 Craniosacral Massage I 24 hours
1992 Structural Integration 90 hours
1992 Holistic Health Practitioner 1000 hours
1991 Professional Massage Training 150 hours
1991 Massage Technician 110 hours

Matrixworks: Mukara Meredith

12/2007 Chaos & Conflict 21 hours

Money

10/2007 The Psychology of Money 7 hours

Post Traumatic Stress Disorder: 2005

Bessel van der Kolk 8 hours

Play Therapy

2/2008 Jungian Sandplay Therapy – Naropa University 3 hours
2/2008 Sandplay & Addiction: Substances & Other Compulsive Behaviors
Colorado Sandplay Therapy Association 8 hours

Substance Use/Abuse/Addiction/CAC

3/2010 CACI – Ethics in Counseling 14 hours
3/2010 CACII – Pharmacology II 14 hours
3/2010 CACII – Addiction Counseling Skills 21 hours
2/2010 CACII – Coexisting Disorders 14 hours
2/2010 CACII – Pharmacology II 14 hours
2/2010 CACII – Cognitive Behavioral Therapy 14 hours
1/2010 CACI – Client Records Management 21 hours
1/2010 CACI – Dialectical Behavioral Therapy 14 hours
12/2009 CACI – Preventing Infectious Diseases 14 hours
12/2009 CACI – Principals of Addictions 21 hours
7/2009 Colorado Department of Corrections Volunteer Training 8 hours
7/2009 CACII - Motivational Interviewing 14 hours
7/2009 CACII – Criminal Conduct and Substance Abuse Treatment:
Strategies for Self-Improvement for Change (SSC) 21 hours
8/2008 Substance Use and Abuse in Adolescents 16 hours

PROFESSIONAL CONFERENCES

USABP National Conference on Body Psychotherapy, July 2008

Refining Hakomi: Psychotherapy as Assisted Self-Study. Ron Kurtz	6 hours
Moment of Meeting: Didactic Clinical Process Demonstration. Robert Lewis, MD	3 hours
Body Psychotherapy for Individuals and Couples with Relationship and Sexual Issues. Erica Goodstone, Ph.D.	3 hours
Bodily Interventions and Re-organizing Processes of the Brain. Angela Klopstech, DiPL, PSYCH	3 hours
Somatic Countertransference. Patrizia Pallaro, LCMFT, ADTR	3 hours
Using the Body in Countertransference. Laurel Thompson, MPS	3 hours
Trauma First Aid: Teaching Body-Centered Interventions. Elaine Miller-Karas, MSW, LCSW, SEP	3 hours

International Trauma Conference: 2007

Surviving the Aftermath: A Sensorimotor Approach to the Wounds of War Abuse & Attachment. Pat Ogden, PhD	7 hours
The Core of Self and Relationships: Embodiment and Rhythms. Bessel A. van der Kolk	1 hour
The Mother-Infant Self and Interactive Origins of Infant Disorganized Attachment. Beatrice Beebe	1 hour
What Neuroimaging Studies Can Tell Us about the Nature and Resolution of Traumatic Stress. Eric Vermetten	1 hour
Panel Discussion (van der Kolk, Beebe & Vermetten)	1 hour
Pathways through Resilience and Vulnerability in Young Adults. Charles Marmar	1 hour
Yoga for Dealing with the Aftermath of Trauma: An Experiential Workshop. David Emerson	2 hours
Treating Complex Trauma: Psychotherapy for the Interrupted Life – researching and Implementing an Attachment-Based Treatment for Complex Trauma Marylene Cloitre	1 hour
Focusing: The Body Speaks From the Inside. Eugene T. Gendling, Nina Joy Lawrence & Anne Poonwassie	1 hour
Working with the Dissociated Parts of One's Self: The Internal Family Systems Model. Richard Schwartz	1 hour
Panel Discussion (Cloitre, Gendling, Lawrence, Poonwassie & Schwartz)	1 hour
The Integration of Science and Clinical Practice: The Mindful Brain – Reflection and Attunement in the Cultivation of Well-Being. Daniel J. Siegel, MD.	1 hour
Internal Family Systems Therapy: Consultation with Dr. Richard Schwartz.	1 hour
Home From the War: Veterans from Iraq Speak on Their Homecoming. Staff Sergeant Jose Vasquez & Rob Timmons	1 hour

Psychotherapy Networker Conference: 2007

Day 1: Playback Theatre	7 hours
Day 2	7 hours
Psychotherapy: The Marriage of Art & Science. Julie Gottman & John Gottman	
Touch Kids: Redeeming Violent, Gang-Involved, At-Risk, Urban Teens. Bill Lott	
The Science of Happiness Video; Martin Seligman	
Not Just Sexual Abuse: What Clinicians Need to Know in Treating Incest. Christine Courtois	
Best of the Networker Video: The Teachable Moment	

Day 3	8 hours
Social Intelligence in the Consulting Room. Daniel Siegel	
The Orders of Love: Hellinger's Family Constellation. Hunter Beaumont	
Coming to Our Senses Video. Jon Kabat-Zinn	
Two Ways of Knowing: Integrating Psychology and Spirituality. Siegel & Palmer	
The Brain of the Mindful Therapist; Daniel Siegel	
Day 4	5 hours
On Becoming an Artist: Reinventing Yourself through Mindful Creativity. Ellen Langer	
The Enneagram: A Psychological and Spiritual Addition to Practice. Helen Palmer	